

What is PentaHealth Today?

PentaHealth Today is a Sunday walk-in clinic provided by and staffed by PentaHealth Physicians and Nurse Practitioners on a rotating basis in our Downingtown office. The hours are between 11AM and 2PM. This service provides a quick, accessible, affordable, and more comprehensive option for basic medical care than an urgent care or the emergency room.

PentaHealth providers have access to your current and past medical history and can make better decisions regarding your care during these walk-in hours. PentaHealth has created this access on Sunday to prevent medical errors, poor medical communication, and better care for you and our community. At this appointment we will not only care for your current problem we will make sure that we communicate your visit with your current PentaHealth provider and help you set up a follow-up appointment.

So many times, in healthcare, ER visits, hospitalizations, and simple medical errors could have been avoided if the patient was seen by someone who knows them and their history, at PentaHealth Today we can offer just that.

PentaHealth Today is a first come, first served clinic. We will see all patients of all ages, and we will also accept new patients during these times, with the intention of proper follow up. We are equipped to take care of many medical problems and can also complete quick school, sport, and camp physicals. We do not recommend using this clinic for refills of narcotic or controlled substances, nor should it be used for chronic care issues – as we are providing an urgent walk-in service to our patients and our community. Please call your regular office for your chronic complaints and refills during normal business hours.

If you are not sure if this walk-in service is right for you or your family, all of our offices are on call 24/7, please call us first and we can assist you with all your healthcare needs.

Written by Dr. Charles P. Catania, the Medical Director for PentaHealth. He is Board Certified in Family Medicine and Hospice Medicine. He received his medical degree from the American University of the Caribbean School of Medicine; medically trained in England; and completed residency at Underwood Memorial Hospital in Woodbury, New Jersey, where he was named Chief Resident in 2009 and served on the New Jersey Academy of Family Physicians Board of Directors.

Dr. Catania has been in a private practice setting since 2010 and has been named “Readers’ Choice Top Doc” in South Jersey Magazine in August 2013, and “Top Doc” by his peers in Mainline Today Magazine in 2016, 2018, 2019, 2020, 2021, and 2022.

Dr. Catania has an interest in all facets of family medicine. He enjoys spending time and getting to know his patients on a personal level and providing care when they need it most. He loves working our walk-in hours and in our PentaHealth Today clinic on Sundays.

He treasures time with his wife and children, and he takes pride in bringing a very personal and friendly experience when caring for his patients here at PentaHealth.



Dr. Charles P. Catania